



Damascus Patient's preadmission relevant information

What to bring:-

Documentation

- Fully completed hospital forms and any letters or reports from your doctor
- Health insurance membership details
- Medicare card
- Other cards such as -Pension card, Health care card, Prescription record card, Pharmaceutical entitlement card ,Safety net card ,Department of Veterans' Affairs card and Workers compensation approval letter if applicable

Current medications

Please bring all of your current medications in the original packaging i.e. pills, tablets, inhalers, injections, ointments, creams, vitamins or homeopathic medicines. Unfortunately we cannot dispense medications from Blisters packs.

Other items

- Any of your relevant x-ray or ultrasound films
- Personal nightwear including slippers (you can bring your own pillow)
- Comfortable clothing (limited space for clothing so less is better), the air conditioning can make the ward cool so a warm top is a good idea
- Toiletries however no mouthwash which contains alcohol
- Shoes with non-slip soles and low heels, walking shoes
- Books, magazines, mobile phone, laptops, iPads, iPods etc. (there is a telephone in your room for local calls), any electrical equipment will need to be checked
- Alarm clock, relaxation CDs

Please do not bring any energy drinks, hair dyes or restricted items (if unsure whether an item is restricted/banned please check with the Intake Nurse on 3834 6510)

Unreasonable damage (outside wear and Tear) to your room will incur a cost to the patient for professional cleaning and repair that will be organized by the hospital and charged to your account.

Valuables - The hospital does not accept responsibility for the loss or damage of valuable items such as jewelry, video cameras or cash, brought into the hospital by patients or their visitors.

On arrival

Please present to the admissions desk at Brisbane Private Hospital, 259 Wickham Terrace. You will be required to sign paperwork if appropriate. If this is your first admission to Damascus can you please advise the admission staff who will contact the ward to pick you up and escort you to the ward.

Orientation

You will be given an Orientation to the ward and the program which is a lot of information to take in so don't hesitate to ask for a second orientation

Staff

The staff that will be looking after you include your doctor, nursing staff, and an Allied health professional (AHP) will be allocated to you. If you wish to discuss any issues or require assistance a nurse is always available. Individual sessions are an important part of treatment which we encourage you to make use of.

Non smoking

Brisbane Private hospital is a smoke-free campus. Nicotine Replacement Therapy is available for your use.

Doors

The front door is locked to restrict entry to maintain privacy, you can however exit freely as per your leave

The hospital is locked down for security purposes from 9pm Monday-Friday and 8pm Saturday and Sunday, The doors are reopened at 6 am

Meals/dietary requirements

Please let staff know if you have any special dietary requirements. Damascus has a buffet style meal service Monday to Friday and tray service in the weekends

Bag search BAL and UDS

Searches of belongings are undertaken on admission, return from leave and on a random basis. All patients regardless of their substance are breathalysed regularly – on return to the ward after any leave and on a random basis.

Television lounge

Damascus has two television lounges for your viewing pleasure. In the interest of getting a good night's sleep all TVs are turned off at 10.30pm however nursing staff have some discretion over this time.

Laundry

Washing, drying and ironing facilities are available between the hours of 7am until 7pm. Staff will dispense laundry powder as required

Restricted Phone Calls

Phone calls can be restricted from particular individuals should you wish. Please advise nursing staff

Leave from Unit

All leave from the ward needs to be organised through your doctor. In the interests of your safety, leave during the withdrawal period is limited. There is a requirement that once leave is granted that the appropriate leave procedure is followed, nursing staff will explain this procedure to you.

Consideration and Priority must be given to group attendance, the time your doctor will be visiting and other aspects of your program and treatment when considering leave

Stay safe – When you leave hospital you become responsible for your own safety. It is advisable to be not be on the streets after sunset and before sunrise

Visitors

Visitors should be advised to phone prior to visiting so as not to interrupt any therapeutic sessions you may be attending. To protect patient privacy and confidentiality we ask that you guest restrict their visits to the designated visitors' rooms. Visitors are welcome between 2pm until 8pm weekdays and from 10am until 8pm weekends providing this does not clash with attendance at the Group program

Boundaries

Please only use given names and respect the confidentiality of everyone you meet, even after discharge

Please refrain from going into another patient's room, communal areas are available for socializing

Gambling

Many people with substance dependency also have a problem with gambling. As such it is strongly recommended that patients do not frequent the Casino or other gambling establishments whilst out on leave. Even if gambling is not an issue for you, it may be for other patients.

Wifi

Brisbane private hospital has free wifi. You may also bring your own personal dongle

Driving policy

Patients are not permitted to drive whilst an inpatient or during any leave occasion throughout their admission. In exceptional circumstances your treating Medical Practitioner's may give permission for their patient to drive.

Please **do not** drive yourself to hospital for your admission

Complaints

Any complaint that you may have is best discussed with staff rather than co-patients. You may give your complaint whether verbally or written form to the Manager of Damascus Health Services. We appreciate any feedback as this helps to improve our service.

Please contact one of our Intake nurses on 3834 6510 or leave a message on 3834 6475 or email: damascus.intake@healthscope.com.au for any further required information.

We look forward to meeting you